

QRMH 6

6TH QUALITATIVE
RESEARCH ON
MENTAL HEALTH

CHANIA, GREECE | 25-27.5.2016





6TH QUALITATIVE RESEARCH ON MENTAL HEALTH CONFERENCE

Towards relational perspectives
in mental health research

May 25-27, 2016

Conference Venue:
Mediterranean Agronomic Institute of Chania (MAICH)

Organisers:

Evrinomy Avdi, *Aristotle University of Thessaloniki, Greece*
Eugenie Georgaca, *Aristotle University of Thessaloniki, Greece*

Organising Committee

Niels Buus, *University of Southern Denmark, Denmark*
Jane Callaghan, *University of Northampton, U.K.*
Julianna Challenor, *City University London, U.K.*
Dariusz (Darek) Galasinski, *University of Wolverhampton, U.K.*
Vilma Hänninen, *University of Eastern Finland, Finland*
David Harper, *University of East London, U.K.*
Lisbeth Hybholt, *Metropolitan University College, Denmark*
Philia Issari, *University of Athens, Greece*
Naomi James, *Goldsmiths, University of London, U.K.*
Linda McMullen, *University of Saskatchewan, Canada*
Hugh Middleton, *University of Nottingham, U.K.*
Katia Romelli, *University of Milano-Bicocca @ Civil Hospital of Busto Arsizio, Italy*
Sandra Walker, *University of Southampton, U.K.*

TOWARDS RELATIONAL PERSPECTIVES IN MENTAL HEALTH RESEARCH

Over the last decades, mental health theory and practice have witnessed a clear move towards relational approaches to understanding and dealing with mental health difficulties. Interpersonal, family and social relationships are considered central to fostering mental health, coping with life's stresses and managing trauma and distress. Moreover, the central role of the relationship between professionals and service users in providing appropriate and helpful services and avoiding harm has also been increasingly recognised and examined, both through questioning the role of coercion and control in professional mental health practices and through promoting ethics of relationality in professional-client interactions. On the methodological front, relational research approaches have been developed, which focus on communication, dialogue, affective interaction, embodiment and the intersubjective processes involved in the mutual co-construction of meaning. The conference invites qualitative studies, from a variety of disciplines, which adopt relational research perspectives and/or examine aspects of relationships in a range of topics pertaining to mental health. We also encourage consideration of the role of personal and socio-cultural factors that support or hinder relationships, including gender, culture and social position.

Conference Logo Concept



The city of Chania is located on the north-east coast of the Prefecture of Chania in Crete. Since ancient times, the city has faced many conquerors and bears the influences of many civilization-through time, evident in Chania's monuments. The city of Chania has managed to preserve its historical character and it is now considered one of the most beautiful cities of Greece as well as the most picturesque city of Crete.

During the Venetian and Ottoman periods, some of the most magnificent buildings of Chania were constructed; among them the city's Venetian Port, the value of which was especially recognized during mid 19th century, as well as its potential to improve the local economy. This is when the port's lighthouse was constructed, becoming a landmark for the city of Chania and ever since "spreading light" to the beauties of Chania's past and present.

The city of Chania looks forward to welcoming the 6th Conference on Qualitative Research in Mental Health (May 25-27, 2016).

INVITED SPEAKERS



Jeanne Marecek, Swarthmore College, U.S.A.

Jeanne Marecek is Senior Research Professor and Professor Emerita at Swarthmore College. Much of her scholarly work concerns the cultural and social bases of psychological suffering, including critiques of the medicalization of such suffering. She is co-author (with Eva Magnusson) of *Gender and Culture in Psychology: Theories and Practices* (Cambridge, 2012) and of *Doing Interview-based Qualitative Research* (Cambridge, 2015). She and Nicola Gavey edited *DSM-5 and Beyond: Feminist Engagements with Psychodiagnosis* (2013), a special issue of *Feminism & Psychology*. She is also co-editor (with Michelle Fine) of the book series *Qualitative Studies in Psychology* (New York University Press). Her current research focuses on young women and men, the gender order, and suicide and suicide-like behavior in Sri Lanka. She earned her PhD from Yale University.



Hugh Middleton, University of Nottingham, U.K.

Hugh Middleton has been associated with QRMH from its beginnings in Finland in 2006. He organised and hosted QRMH3 and QRMH4 in Nottingham, in 2010 and 2012 and spoke at QRMH5. Hugh is an experienced NHS Psychiatrist of some 20 years standing and Associate Professor of the School of Sociology and Social Policy, University of Nottingham. Over the years funded research has spanned psychopharmacology, cognitive behavior therapy, service users' experiences and team working. In recent years he has supervised a number of successful PhD students investigating mental health matters from a social sciences perspective, as those research interests evolved into a critique of medical and positivist approaches to "mental illness". *Psychiatry Reconsidered. From Medical Treatment to Supportive Understanding* was published by Palgrave Macmillan in June 2015. Several blogs can be found on the Mad in America site and other publications at <https://nottingham.academia.edu/HughMiddleton>. He is Co-chair of the UK Critical Psychiatry Network.



Jaakko Seikkula, Ph.D., Professor of Psychotherapy, University of Jyväskylä, Clinical psychologist, family therapist

Jaakko Seikkula has been mainly involved in developing family and social network based practices in psychiatry with psychosis and other severe crises. Since the early 1980s and for many years he was part of the team that developed the comprehensive Open Dialogue approach for acute psychosis. Recently, ideas of open dialogues have been applied to social work with children's problems, organizational consultation, supervision and teaching. Research has focused on outcome and process studies of family therapy of psychosis and depression and on social network interventions. Concerning outcome studies in psychotherapy, the main focus is on developing methods for naturalistic designs to see how psychotherapy affects real world clinical practice.

INVITED PANEL

USER-LED RESEARCH BY THE SERVICE USER RESEARCH ENTERPRISE (SURE), KING'S COLLEGE LONDON

- **Using participatory photography to elicit service user responses to the design of acute psychiatric wards – a reflection**
Dr Constantina Papoulias
- **Relational dilemmas in carrying out ethnographic work in mental health as a service user researcher: struggling with immersion and distance**
Dr Konstantina Poursanidou
- **Patient Generated Patient Reported Outcome Measures (PG PROMS): Shifting power relations between clinician and service user**
Corrine Anderson

CONFERENCE PROGRAMME

S U M M A R Y V E R S I O N

Wednesday 25 May

	ARISTOTLE HALL	SOCRATES HALL	PYTHAGORAS HALL
16.00-17.00	REGISTRATION & WELCOME COFFEE		
17.00-18.30	SYMPOSIUM Future Stories as resources in times of unemployment	SYMPOSIUM Hurting and healing in therapeutic environments: How can we understand the role of the relational context?	THEMATIC SESSION Making sense of distress
	POSEIDON LECTURE THEATRE		
18.30-19.00	Welcome		
19.00-20.00	Keynote address: <i>Jaakko Seikkula</i>		
20.00	WELCOME RECEPTION		

Thursday 26 May

	ARISTOTLE HALL	SOCRATES HALL	PYTHAGORAS HALL
9.00-10.30	SYMPOSIUM (part I) Relational mind: combining qualitative research and participants' autonomic nervous system responses within a couple therapy session	THEMATIC SESSION Psychoanalytic perspectives & psychotherapy research	THEMATIC SESSION Social and relational factors in distress I
10.30-11.00	COFFEE BREAK		
11.00-12.30	SYMPOSIUM (part II) Relational mind: combining qualitative research and participants' autonomic nervous system responses within a couple therapy session	SYMPOSIUM The relationship between the subject and the other: psychoanalytic theory, qualitative research and clinical practice	THEMATIC SESSION Social and relational factors in distress II
12.30-13.30	Keynote address: <i>Jeanne Marecek</i>		
13.30-14.30	LUNCH BREAK		
14.30-16.30	SYMPOSIUM Dealing with distress: narrative and discursive approaches	SYMPOSIUM Developing qualitative research approaches within a psychodynamic context	THEMATIC SESSION Participatory approaches to service development
16.30-17.00	COFFEE BREAK / POSTER SESSION		
17.00-18.00	THEMATIC SESSION Examining psychotherapy process	THEMATIC SESSION Women, trauma & distress	THEMATIC SESSION Collaborative research in MH
18.00-19.30	INVITED PANEL		
20.30	CONFERENCE COCKTAIL		

Friday 27 May

	ARISTOTLE HALL	SOCRATES HALL	PYTHAGORAS HALL
9.00-10.30	SYMPOSIUM Exploring the Art and science of psychotherapy	THEMATIC SESSION Practitioner perspectives I	THEMATIC SESSION Clients' experiences of MH interventions I
10.30-11.00	COFFEE BREAK		
11.00-12.30	SYMPOSIUM Disrupted attachments, disrupted families? Systemic pathways for change in adoption and foster care	THEMATIC SESSION Practitioner perspectives II	THEMATIC SESSION Client's experiences of MH interventions II
12.30-13.30	Keynote address: <i>Hugh Middleton</i>		
13.30-14.30	LUNCH BREAK		
14.30-16.00	SYMPOSIUM Service user and carer experiences of compulsion: International perspectives on coercion and human rights	THEMATIC SESSION Loss & distress within the family	
16.00-17.00		THEMATIC SESSION Issues of trauma & recovery	THEMATIC SESSION Investigating discourses & practices of MH
17.00-17.30	COFFEE BREAK		
17.30-18.30	POSEIDON LECTURE THEATRE		
	Closing session: Towards QRMH7?		

REGISTRATION

REGISTRATION*	BEFORE MARCH 15, 2016	AFTER MARCH 15, 2016
Regular Delegates	€260	€280

The registration fee includes:

- Conference Material
- Conference Sessions
- Coffee Breaks & Light Lunches during the 3day sessions
- Welcome Reception
- Gala Dinner

* Registration fees DO NOT include accommodation.

CONFERENCE SECRETARIAT

Conference secretariat will be at the coffee break area outside Pythagoras and Socrates Amphitheaters, and will operate during the following hours:

- **Wednesday, 25/05/2016** 16:00-20:00
- **Thursday, 26/05/2016** 09:00-18:00
- **Friday, 27/05/2016** 09:00-18:30

You can also contact the secretariat at: T: 6937 327775 | E-mail: qrmh6@symvoli.gr



SYMVOLI
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& CULTURAL
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SYMVOLI-Conference and Cultural Management LTD was founded in 1995 to meet the needs of the scientific community of Thessaloniki for professional support in seminar and conference organizing. Over the past 20 years, SYMVOLI has organized

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PRESENTATIONS TECHNICAL SECRETARIAT

The time allocated for oral presentations is **20 minutes**, consisting of 15 minutes for the presentation and followed by a maximum of 5 minutes for questions and discussion. In order to keep the conference on schedule and accommodate delegates who want to move between sessions, chairs are asked to strictly enforce the time schedule.

Delegates are kindly requested to check the final programme in order to confirm the allocated time and hall for their presentation, as well as to be informed about the chair and co-chair of their session. They are also advised to make their presence known to one of the chair persons before the session starts and to be present during the entire session in which their presentation is scheduled.

All oral presentations must be pre-loaded onto the conference server prior to your lecture at the Technical Secretariat (operating within the Conference Secretariat), the day before or at least two (2) hours before each presentation with a CD or USB stick. Personal laptops are not allowed.

POSTER SESSION

Poster presentations are held in the coffee break area on Thursday, May 26, from 16:30 to 17:00.

- **Setup:** You may set up your poster any time between 11:30 and 16:00 that day. The secretariat will be there to assist you.
- **Size and Shape:** Size and Shape: All posters are displayed on a floor standing fabric-covered bulletin board with 1 presentation per side. The poster presentation boards are 0.70 meters WIDE by 1.50 meters HIGH and, allowing for the frame, each presenter will have 0.65 x 1.45 meters for his or her display.
- **What to Bring:** You should bring the printed content, but you DO NOT need to bring the poster board itself or pins for attaching your poster components. The secretariat will supply the poster board and plenty of pins.

LANGUAGE / INTERNET ACCESS

All the announcements will be presented in English. There will be no simultaneous translation in other languages.



High-speed wireless internet access is available in all areas of the conference venue.

HOST CITY | CHANIA



The city of Chania is located on the north-east coast of the Prefecture of Chania. It is the capital of the prefecture and its administrative, economic, commercial and transportation centre. It has a population of over 60.000 residents and is built over the ruins of the ancient city of Kydonia. Since ancient times, the city of Chania has faced many conquerors and bears the influences of many civilizations through time, evident in the city monuments. The beautiful city of Chania managed to preserve its historical character, despite the fast-growing tourist industry. It is considered as one of the most beautiful cities of Greece and the most picturesque city of Crete. The city of Chania is also characterized by a rich cultural life. A plethora of cultural events are organized every year (exhibitions, festivals, theatrical and musical performances, ect.)

The city has an airport and the port of Souda, the largest natural port of the Mediterranean.

The Municipal Market is one of the most central spots in the city, hosted in a 1913 building. A short distance from the centre there is the Municipal Garden and next to it the park “Eirinis kai Filias” (meaning, the “park of peace and friendship”).

The Venetian port provides pleasant promenades through picturesque streets and attracts many visitors throughout the year. There are also many bars and restaurants by the seaside, catering for every taste. The districts of the city outside the walls still preserve their Venetian nobility. Narrow passages surrounded by elegant houses built in different historical periods offer visitors pleasant routes to discover. Many neoclassic buildings are also preserved in neighboring districts, such as in “Halepa”.



International Centre for Advanced Mediterranean Agronomic Studies (CIHEAM)

Mediterranean Agronomic Institute of Chania

MAICh is the 4th constituent institute of **CIHEAM, the International Centre for Advanced Mediterranean Agronomic Studies**, an Intergovernmental Organisation which was founded at the joint initiative of the OECD and the Council of Europe on 21 May 1962 under an agreement signed by the governments of seven southern European countries: France, Greece, Italy, Portugal, Spain, Turkey and Yugoslavia. The 1962 agreement establishing the Centre stipulates that CIHEAM's mission consists in **“providing supplementary education (economic as well as technical) and developing a spirit of international cooperation among agricultural personnel in Mediterranean countries”**. According to article 15 of this agreement, every country on the Mediterranean rim is potentially eligible for membership of CIHEAM.

In the mid nineteen-eighties CIHEAM therefore began to open up to countries on the southern and eastern shores of the Mediterranean Basin. This initiative resulted in the accession of several new Member States: Tunisia (1985), Egypt and Algeria (1986), Malta (1989), Morocco (1991), Albania (1992) and Lebanon (1994).

CIHEAM is made up of four Mediterranean Agronomic Institutes (MAIs), located in Bari (Italy), Chania (Greece), Montpellier (France) and Zaragoza (Spain), and a General Secretariat based in Paris.

Since 1986, and as the 4th constituent institute of CIHEAM, MAICh pursues its three main complementary missions through

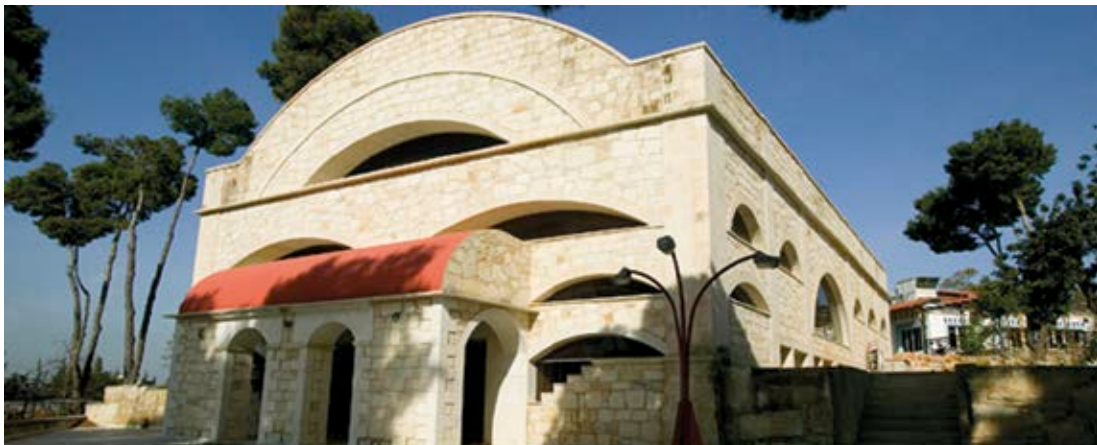
- post-graduate specialised education
- networked research
- facilitation of regional debate

with focus in the fields of Business Economics and Management, Geoinformation in Environmental Management, Horticultural Genetics and Biotechnology, Food Quality and Chemistry of Natural Products, Sustainable Agriculture, and has established itself as an authority in Mediterranean agriculture, Food and Rural Development.



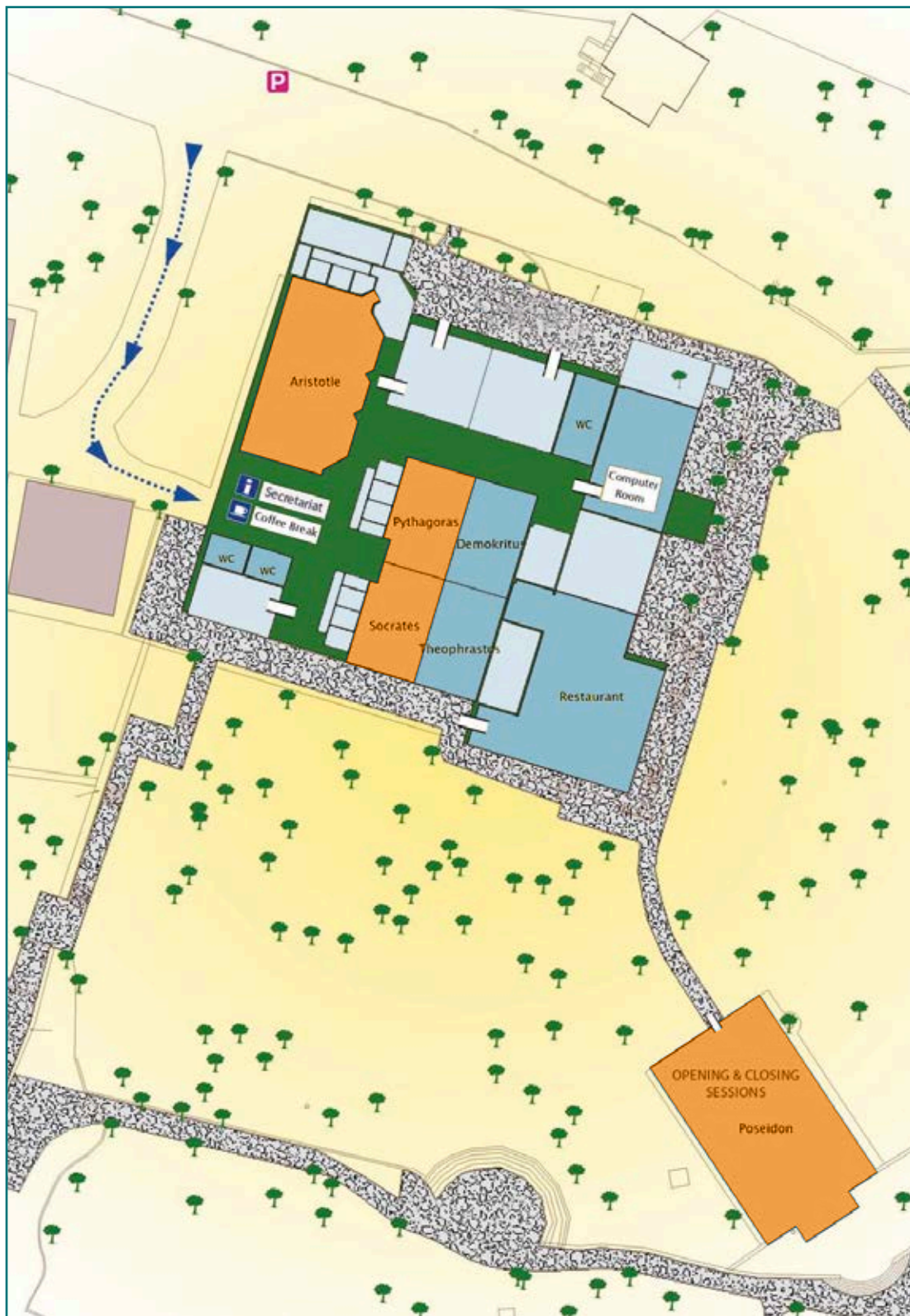
THE CONFERENCE CENTER

A Conference Center conceived with respect to the environment, dedicated to accommodate Academic and Research Conferences, Seminars, Workshops, Summer Schools with a full range of integrated organisational support services



The Conference Center of MAICh, with its versatile design combines first class standards of comfort and service with the latest technology in a prestigious location. It is situated in a picturesque, typical Mediterranean pine-tree forest setting, 3 km south-east of the city of Chania, 13 km from the international airport and 1 km from the port. Established in 1990, it satisfies the requirements of very sophisticated and advanced conferences; accommodates seminars, symposiums, meetings and presentations; and hosts simultaneously or independently exhibitions and poster sessions

The conference halls are supported by all modern audio-visual equipment, including video, overhead and slide projectors, large screens, simultaneous interpreting system, video recorders, cordless microphones, exhibition stands, video and tape recording, internet (also wireless access), email access in different places and technical support.



CONFERENCE ACCOMMODATION

@ MAICH

Address: Alysillio Agrokepio, 1 Makedonias str, PO Box 85, Chania 73100, Crete

Telephone: 28210 35000

Accommodation in the MAICH includes luxurious stone houses in the Conference campus that can host a limited number of participants, student dormitories and “at-tic-rooms” in the student dormitories building.



@ CHANIA CITY CENTER

ARKADI HOTEL

1866 Square, 73100 Chania

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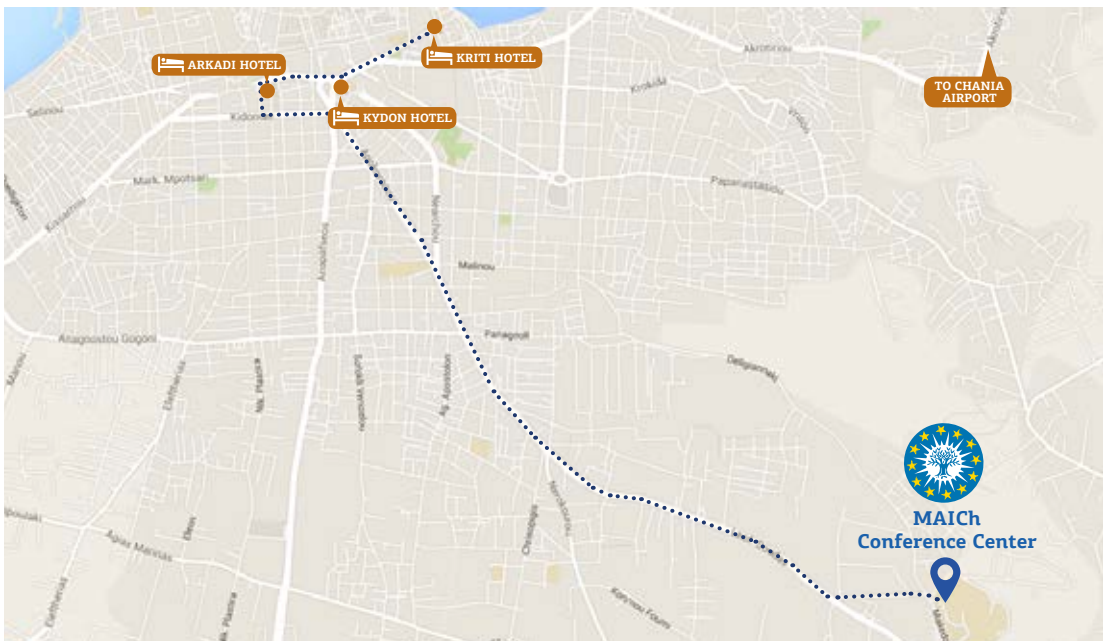
KYDON HOTEL

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Tel.: +30 28210 52280

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info@kydonhotel.com



TRANSPORTATION

MAICh is located 3 km south-east of Chania city centre, 13 km from the airport and 2 km from the port of Souda.

Transportation from Chania International Airport to the Conference Venue

- **TAXI:** the best way to reach MAICh from the airport is to take a taxi. There is no direct line connecting MAICh with the airport. The taxi costs approximately 25,00€ - 28,00€. There is a taxi station just across the exit of arrivals at the airport so you don't have to book a taxi ahead.
- **BUS:** there is a local bus that can take you to the Central Bus Station in the city center (KTEL) from the airport (you can find the timetable at West Crete Bus Service website bus-service-crete.com). Bus tickets from airport to Chania city centre cost 2.30€. Then you can take a taxi from the city center and come to MAICh. The cost is approximately 10,00€. There is a taxi station at the 1866 square about 30 meters away from the exit gate at the bus station (KTEL) on your right. In general, the timetable that connects MAICh with the city center (AGORA-the terminal stop as well as the departure stop from the city center to MAICh) can be found in the Chania City Bus website (www.chaniabus.gr)

Transportation from Chania (city centre) to the Conference Venue

- **TAXI:** the easiest way to be transferred to MAICh is by taxi and the cost is approximately 7,00€-10,00€.
- **BUS:** the city center of Chania can be reached by bus No13. Buses leave every 20min and the bus stop is located outside the MAICh premises on the main street (Souda Avenue). Tickets cost 1.20€ one way and will be available for purchase at MAICh's Restaurant. Please take into consideration that when the ticket is purchased on the bus the price rises for 0,50€.

Conference Transportation for Delegates

Coach bus transfer from Chania to and from the conference venue is offered to delegates staying in Chania, twice a day. Please see the timetable below:

WEDNESDAY 25/05/2016	
<ul style="list-style-type: none">• 15:15 Kydon Hotel• 15:25 Kriti Hotel• 15:35 Arkadi Hotel	21:30 MAICh
THURSDAY 26/05/2016	
<ul style="list-style-type: none">• 08:20 Kydon Hotel• 08:30 Kriti Hotel• 08:40 Arkadi Hotel	20:00 MAICh
FRIDAY 27/05/2016	
<ul style="list-style-type: none">• 08:20 Kydon Hotel• 08:30 Kriti Hotel• 08:40 Arkadi Hotel	19:00 MAICh

* The coach bus transfer is provided only for participants staying in n Arkadi, Kriti @ Kydon Hotel in Chania. The bus voucher that you will find in your hotel room is required for every transportation and is valid only for one person.

ACCOMPANYING PEOPLE @ SOCIAL EVENTS

In case accompanying people would like to attend the Welcome Reception, the Gala Dinner or the light lunches, special coupon tickets are available at the conference secretariat.

Prices are (per person) as follows:

Lunch 12€ / Welcome Reception 15€ / Gala Dinner 25€

CONFERENCE COCKTAIL

The Conference Cocktail will take place at the Neorio Moro (shipyard), the home of Hania Sailing Club on **Thursday, May 26th at 20.30.**



Neorio Moro: Cultural Space of Hania Sailing Club

Neorio Moro, the home of Hania Sailing Club, is functional and at the same time aesthetically exceptional, a very imposing building at a key geographic spot, with endless potential and countless symbolisms.

For the above reasons we, the people of the Club, decided to open this space to Culture. One could say that this was a natural consequence. The aim is to host events such as exhibitions, performances, installations, lectures, seminars, film screenings.

HISTORY

During the Venetian Occupation (1204 – 1669) and more specifically in 1467, Venice ordered the construction of shipyards (arsenali), for repairing the Venetian ships. By 1593 sixteen neoria (shipyards) had already been built and in 1599, seventeen neoria were completed. In 1607 the construction of five more neoria began at the eastern side of the



harbour, known as Neoria Moro, named by the Venetian Benedetto Moro, who was in charge of the project. These neoria differed from the rest, as their back side formed part of the fortress, they only had one main entrance and one large half circle window on the eastern wall. The main entrance was a large gate on the side of the sea, allowing the water to enter, thus enabling to bring the ships inside. Neorio Moro is about 60m long, 9m wide and 10m high. Two out of the five neoria were completed, while this particular third one (roofless) was never completed, due to the occupation by the Turks, in 1645. During the Turkish occupation the lack of maintenance of the harbour led to the change of the neoria's initial use, as the main gates to the sea were closed, for their transformation to serve mainly as military storage facilities. Later on, the roofless neorio acquired ceramic roof tiles, which collapsed during the World War II bombings, in 1941.







CONFERENCE TIMETABLE



WEDNESDAY, MAY 25th

16.00-17.00 Registration
Welcome coffee

17.00-18.30

17.00-18.30 | SYMPOSIUM

Future Stories as resources in times of unemployment

Organizer: Anneke Sools • Discussant: Evrinomy Avdi

- **Future stories as resources for resilience in the face of precarity**
Anneke Sools
- **On a waiting list for life: Young unemployed Greek graduates constructing future selves**
Theofanis Filippas, Sofia Triliva @ Anneke Sools
- **Responding to a paradoxical task: Imagine a desired future without employment**
Maria Borcsa, Egle Naraskeviciute @ Anneke Sools

17.00-18.30 | SYMPOSIUM

Hurting and healing in therapeutic environments: How can we understand the role of the relational context?

Organizer: Simon Clarke • Discussant: Hugh Middleton

- **The role of everyday interactions and relationships during a process of therapeutic change**
Jenelle Clarke
- **Characteristics of relationships that can hinder or promote mental health and well-being**
Ruth Brown
- **The 'Quadrilogue': An interpersonal autoethnographic account of madness**
Simon Clarke

17.00-18.30 | THEMATIC SESSION

Making sense of distress

Chair: Sandra Walker

- **Oppressed and trapped in the achievement ethos: Reconstructing subjective theories of depression in the therapeutic process**
Leonie Knebel
- **Youth depression: Young people's experiences in relation to the cultural story models of depression**
Mervi Issakainen
- **An autoethnographic narrative of the dreamy states of epilepsy**
Louise King
- **Applying rigor criteria to qualitative research in mental health: Not an easy task!**
J. Rassy, L. Mathieu, C. Michaud @ J-P. Bonin

18.30-20.00

18.30-19.00 | WELCOME

Chairs: Evrinomy Avdi @ Eugenie Georgaca

19.00-20.00 | KEYNOTE ADDRESS

Research of dialogues in naturalistic design

Jaakko Seikkula

Chair: Hugh Middleton

20.00 WELCOME RECEPTION

THURSDAY, MAY 26th

09.00-10.30

9.00-10.30 | SYMPOSIUM (part I)

Relational mind: Combining qualitative research and participants' autonomic nervous system responses within a couple therapy session

Organizer: *Virpi-Liisa Kykyri* @ *Juha Holma* • Discussant: *Jarl Wahlström*

- **Relational mind in events of change in multi-actor dialogues**
Jaakko Seikkula, Virpi-Liisa Kykyri, Anu Karvonen, Jukka Kaartinen, Markku Penttonen, Juha Holma, Evrinomy Avdi @ *Maria Borcsa*
- **Soft prosody and silences in interaction in important moments of one couple therapy session**
Virpi-Liisa Kykyri, V. Tsatsishvili, R. Hotakainen, Anu Karvonen, Markku Penttonen, Jukka Kaartinen @ *Jaakko Seikkula*
- **Relational mind: Stimulated recall as creation of sense in the personal, couple and therapeutic system**
Maria Borcsa, Anu Karvonen, Virpi-Liisa Kykyri, Markku Penttonen, Jukka Kaartinen @ *Jaakko Seikkula*

9.00-10.30 | THEMATIC SESSION

Psychoanalytic perspectives & psychotherapy research

Chair: *Katia Romelli*

- **Discourse analysis and psychoanalytic approaches to therapy talk: Conflicting or compatible?**
Janet Smithson, Richard Mizen @ *Georgia Lepper*
- **The core conflictual relationship theme: A single-case study**
Kimberly Van Nieuwenhove
- **"Not dead...abandoned": A pragmatic case study of combat related trauma**
Julianna Challenor
- **Making waves in the therapeutic dialogue: The disruptive quality of lacanian interventions**
Goedele Hermans

9.00-10.30 | THEMATIC SESSION

Social and relational factors in distress I

Chair: *Eugenie Georgaca*

- **Relationships, connectedness and psychosis in emerging adulthood: A relational mapping interview method**
Zoë Boden

- **Exploring valued activities and resources to support mental health recovery and well-being through social network mapping**
Sandra Walker
- **What have weak ties got to offer?: A qualitative study of connecting to support and mobilising resources for those in receipt of care planning**
Anne Rogers, Helen Brooks, Caroline Sanders, Claire Fraser @ Karina Lovell
- **Exploring the important relationships implicated in the management of severe mental illness: A qualitative, longitudinal study utilizing networks of personal communities**
Helen Brooks, Caroline Sanders, Karina Lovell, Claire Fraser @ Anne Rogers

10.30-11.00 COFFEE BREAK

11.00-12.30

11.00-12.30 | SYMPOSIUM (part II)

Relational mind: Combining qualitative research and participants' autonomic nervous system responses within a couple therapy session

Organizer: Virpi-Liisa Kykyri @ Juha Holma • Discussant: Jarl Wahlström

- **Positioning in couple therapy: Exploring interactional, affective and embodied aspects**
Evrinomy Avdi, Anu Karvonen, Virpi-Liisa Kykyri, Markku Penttonen, Jukka Kaartinen @ Jaakko Seikkula
- **Analysing the narrative mode of the participants in a couple therapy and combining these with autonomic nervous system responses**
Berta Vall, Aarno Laitila, Juha Holma, Jaakko Seikkula, Anu Karvonen, Virpi-Liisa Kykyri, Markku Penttonen @ Jukka Kaartinen
- **When becoming a parent constructs disconnection in couple relationship: Combining discourse analysis and autonomic nervous system responses**
Helena Päivinen, Juha Holma, Anu Karvonen, Virpi-Liisa Kykyri, Markku Penttonen, Jukka Kaartinen @ Jaakko Seikkula

11.00-12.30 | SYMPOSIUM

The relationship between the subject and the other: Psychoanalytic theory, qualitative research and clinical practice

Organizer: Katia Romelli • Discussant: Katia Romelli

- **The presence of the analyst: A theory-driven thematic analysis of follow-up interviews with patients in psychoanalytic therapy**
Joachim Cauwe
- **“Not without parents”: Meetings group parents, research findings and “return” on clinical practice with children**
Giuseppe Pozzi @ Katia Romelli

- **Non-normative identities and relationships: A qualitative research on the experience of families of adult people with diagnosis of mental disorder or disability living in residential services**

Fiorella Bucci

- **Lacanian theory for understanding and managing critical incidents in mental health**

Gerard Moore

11.00-12.30 | THEMATIC SESSION

Social and relational factors in distress II

Chair: Vilma Hänninen

- **On home and homelessness: Mental health care service users' search for spaces of belonging**
Saara Jäntti
- **The role of filial piety in mediating risk and recovery in Chinese women with a history of suicidal behaviour: A crosscultural qualitative study**
June Lam, Juveria Zaheer, Sam Law, Wes Shera, AK Tat Tsang, WL Alan Fung, Annette Zhang, Pozi Liu, Rahel Eynan @ Paul S Links
- **Significant situations related to young people's social anxiety**
Heta Yli-Länttä @ Vilma Hänninen
- **The everyday social geographies of social anxiety disorder**
Louise Boyle

12.30-13.30

12.30-13.30 | KEYNOTE ADDRESS

Situating suffering: Critical qualitative studies of therapeutic culture

Jeanne Marecek

Chair: Linda McMullen

13.30-14.30 LUNCH BREAK

14.30-16.30

14.30-16.30 | SYMPOSIUM

Dealing with distress: Narrative and discursive approaches

Organizers: Eugenie Georgaca @ Félix Díaz • Discussant: Vilma Hänninen

- **The unbridgeable chasm between the social world and the 'spoiled' self in narratives of people with a history of involuntary commitment in psychiatric facilities in Greece**
Konstantina Katostari, Sofia Triliva @ Manolis Tzanakis
- **Strategies of living with and managing psychosis: A biographical narrative study**
Eugenie Georgaca @ Anastasia Zissi

- **Accounts of how distress comes to be managed with medication**
Linda M. McMullen @ Kristjan J. Sigurdson
- **Reconstructing support relations: Biographic accounts by carers for people with eating disorders**
Félix Díaz @ Natalia Solano Pinto
- **Future stories as resources for managing distress: Fostering prospective reflection in psychiatric patients**
Anneke Sools @ Daniela Preen

14.30-16.30 | SYMPOSIUM

Developing qualitative research approaches within a psychodynamic context

Organizer: Janet Smithson • Discussant: Richard Mizen

- **Family changes – or not?**
Caryn Onions
- **Containment or not?**
Elizabeth Weightman
- **A qualitative analysis of the impact of Intensive psychodynamic treatment on the internal world of individuals with severe and complex personality disorder**
Claire Johnson
- **The mind of the mother: Mental representation of the internal space of mother, therapist, self in borderline states**
Maggy Cairns
- **Taking up the role of doctor**
Diana Bass

14.30-16.30 | THEMATIC SESSION

Participatory approaches to service development

Chair: Hugh Middleton

- **Qualitative studies of wellbeing in communities affected by conflict and disaster in Sri Lanka**
Chamindra Weerackody @ Suman Fernando
- **Applying lessons from qualitative research in developing mental health services in Sri Lanka**
Suman Fernando @ Chamindra Weerackody
- **Quality matters: Reaching vulnerable mentally distressed men and women in urban Nepal**
Bidya Rajbhandari, Ansu Tumbahangfe @ Gael Robertson
- **Mental health in Malaysia: Are we on the right track?**
Ainul Nadhirah Hanafiah @ Tine Van Bortel
- **A mixed-methods approach for non-pharmacological intervention development**
Mijung Park

16.30-17.00 COFFEE BREAK

16.30-17.00 POSTER SESSION

17.00-18.00

17.00-18.00 | THEMATIC SESSION

Examining psychotherapy process

Chair: *Philia Issari*

- **Breaking recursive patterns in couple interactions: Gambling and addictive disorders**
Bonnie K. Lee
- **Displaying agency problems in therapy talk**
Minna-Leena Seilonen @ Jarl Wahlström
- **“Close your eyes, and describe the scene before you”: Using dreams as a relational approach to reflexive research**
Louise King

17.00-18.00 | THEMATIC SESSION

Issues of trauma & recovery

Chair: *Lisbeth Hybolt*

- **The psychological, social, cultural and spiritual factors influencing the development of post traumatic stress disorder following motor vehicle accidents in a Malaysian setting**
Rafidah Bahari, Muhammad Najib Mohamad Alwi, Nasrin Jahan, Muhammad Radhi Ahmad @ Ismail Mohd Saiboon
- **How do people cope with post traumatic distress after an accident? The role of psychological, social and spiritual coping in Malaysian Muslim patients**
Rafidah Bahari, Muhammad Najib Mohamad Alwi, Nasrin Jahan, Muhammad Radhi Ahmad @ Ismail Mohd Saiboon
- **Discursive construction of realities concerning the accident of Fukushima No. 1 nuclear power plant: Can we find a way of reconciliation?**
Yasuhiro Igarashi

17.00-18.00 | THEMATIC SESSION

Collaborative research in mental health

Chair: *Niels Buus*

- **A collaborative project within the framework of user involved research**
Kari Eldal, Åse Skjølberg, Eli Natvik, Marius Veseth, Christian Moltu @ Sogn og Fjordane
- **Victims or perpetrators? Interpretations of anti-social behaviour and the impact on service provision**
Anne Krayter, Natalie Davies, Tina Foulkes, Freda Lacey, Catherine Robinson @ Rob Poole

- **Qualitative epistemology and constructive-interpretative methodology: Contributions to the mental health field**

Daniel Magalhães Goulart @ Fernando Luís González Rey

18.00-19.30

18.00-19.30 | INVITED PANEL

User-led research by the Service User Research Enterprise (SURE), King's College London

Organizer: Diana Rose

- **Chair and initial remarks**
Diana Rose
- **“And so when I’m in here, it means that nobody can touch me”:
Using participatory photography to elicit service user responses
to the design of acute psychiatric wards – a reflection**
Constantina Papoulias
- **Relational dilemmas in carrying out ethnographic work in mental health
as a service user researcher: Struggling with immersion and distance**
Konstantina Poursanidou
- **Patient Generated Patient Reported Outcome Measures (PG PROMS):
Shifting power relations between clinician and service user**
Corrine Anderson

20.30

CONFERENCE COCKTAIL

09-00-10.30

09.00-10.30 | SYMPOSIUM

Exploring the art and science of psychotherapy

Organizer: Marit Råbu • Discussant: Jeanne Marecek

- **Researcher reflexivity: Taking account of the personal meaning of investigating the integration of professional and personal knowledge**
John McLeod, Marit Råbu, Christian Moltu @ Hanne Haavind
- **Relational perspectives in qualitative research: Possibilities and pitfalls in conducting serial in-depth interviews**
Ida Stange Bernhardt, Christian Moltu @ Marit Råbu
- **The places that I shouldn't go: Exploring good therapists' experiences of the areas in which they function poorly**
Christian Moltu, Marit Råbu @ Ida Stange Bernhardt
- **Disseminating research and creating art in the same act: Theatre built on research interviews**
Marit Råbu @ Tyra Tønnessen

9.00-10.30 | THEMATIC SESSION

Practitioner perspectives I

Chair: Niels Buus

- **"Your experiences were your tools": When mental health nurses bring their own experiences of mental illness to work**
Jennifer Oates
- **"They daren't tell people": Therapists' experiences of working with clients who report anomalous experiences**
Elizabeth Roxburgh @ Rachel Evenden
- **Choosing an antidepressant: Profiles, placebos, and pragmatics**
Linda M. McMullen
- **The relationships between scientists and practitioners: Neuroscientist's accounts of translational research in depression**
Kristjan J. Sigurdson @ Linda M. McMullen

9.00-10.30 | THEMATIC SESSION

Clients' experiences of mental health interventions I

Chair: Julianna Challenor

- **When therapists cry: Clients' experience of witnessing therapist's tears. An interpretative phenomenological analysis**
Alice Watson @ Ioannis Fronimos
- **Patient education: When learning processes create**

new conflicts in conduct of everyday life

Lisbeth Hybholt

- **Using mindfulness to manage psychotic symptoms during an acute crisis**
Maria Iliopoulou @ Maxine Sacks
- **Experiences of a brief mindfulness intervention: Daily experience, well-being and relationships**
Cath Sullivan

10.30-11.00 COFFEE BREAK

11.00-12.30

11.00-12.30 | SYMPOSIUM

Disrupted attachments, disrupted families? Systemic pathways for change in adoption and foster care

Organizer: Lisa Fellin • Discussant: Ferdinando Salamino

- **The Scarlet Letter: Attachment as a dominant narrative in adoption and foster care? A thematic analysis of therapeutic narratives and visual relational maps**
Lisa Fellin
- **“Beyond repair” Therapeutic strategies with an adopted adolescent and his family: A single case study**
Ferdinando Salamino @ Elisa Gusmini
- **“Who is to blame?” Causal attributions in adoptive and foster families: A content and discourse analysis**
Lisa Fellin @ Ferdinando Salamino

11.00-12.30 | THEMATIC SESSION

Practitioner perspectives II

Chair: Katia Romelli

- **The narrative construction of the ‘wounded healer’**
Miltiades Hadjiosif
- **Debriefing mental health workers: Exploring the effects of a debriefing service for mental health professionals**
Nicholas Sarra
- **Responding to risk during a crisis: The views of team members**
Maria Iliopoulou @ Maxine Sacks
- **A critical look at the process of standardized assessment**
Camilla Blach Rossen

11.00-12.30 | THEMATIC SESSION

Clients' experiences of mental health interventions II

Chair: Linda McMullen

- **“It just felt like an interrogation”:** The psychosocial assessment after self-harm
Sandra Walker
- **Stakeholder preferences for the treatment of schizophrenia and metabolic comorbidities**
Daniel Poremski, Vathsala Sagayadevan, Alvin Lum, Mythily Subramaniam & Chong Siow Ann
- **Barriers and facilitators to collaborative antipsychotic prescribing within mental health services: A qualitative study exploring the perspectives of service users, carers and mental health professionals**
Helen Brooks, Kamelia Harris, Penny Bee, Karina Lovell & Richard Drake
- **The hospital experience and the service provided at Mount Carmel hospital: The perspectives of the service-users, their care givers and the health-care professionals**
Bernice Gauci & Angela Abela

12.30-13.30

12.30-13.30 | KEYNOTE ADDRESS

Investigating relationship: Enabling a paradigm shift

Hugh Middleton

Chair: Vilma Hänninen

13.30-14.30 LUNCH BREAK

14.30-16.00

14.30-16.00 | SYMPOSIUM

Service user and carer experiences of compulsion: International perspectives on coercion and human rights

Organizers: *Karen Newbigging & Julie Ridley* • Discussant: *Karen Newbigging*

- **First-person knowledge in researching coercion**
Jasna Russo
- **Relational damage? The impact of coercion on family relations**
Reidun Norvoll
- **Hearing from carers - those supporting people in secure mental health settings**
Julie Ridley
- **How family group conferencing can contribute to reducing the use of coercion: Experiences of users and carers**
Elleke Landeweer

14.30-16.00 | THEMATIC SESSION

Loss & distress within the family

Chair: *Philia Issari*

- **Caring for a relative with dementia in Greece**
Philia Issari @ Christina Tsaliki
- **Sibling loss in childhood: An interpretative phenomenological analysis**
Anastasia Kiriakouli @ Zaira Papaligoura
- **Challenges to parents' family-life after their son or daughters' suicide attempt: A qualitative study**
Lene Nygaard @ Niels Buus

16.00-17.00

16.00-17.00 | THEMATIC SESSION

Women, trauma & distress

Chair: *Lisbeth Hybolt*

- **Stress symptoms in female sex workers in Dhaka, Bangladesh: A qualitative research**
Nasrin Jahan, Muhammad Najib Mohamad Alwi, Dato Abd Rahim, Laila Arjumand Banu @ Nurjahan Begum
- **Early family trauma marks the beginning of a vicious circle: A qualitative study on female homelessness and drug addiction with the use of photo elicitation interviewing**
Vasiliki Danaskou @ Fotini-Sonia Apergi
- **From baked beans to hot air balloons: Metaphors of hope in systemic research**
Leah Salter

16.00-17.00 | THEMATIC SESSION

Investigating discourses and practices of mental health

Chair: *Julianna Challenor*

- **Human rights in the domain of mental health: Between juridification and judicialization of care practices**
Eyraud Benoît @ Collectif Contrast
- **Rethinking the clinical setting: The Greek experience of the clinics of solidarity**
Agostino Carbone
- **Mental health care and educational actions: From institutional exclusion to subjective development**
Daniel Magalhães Goulart, Fernando Luís González Rey @ Albertina Mitjáns Martínez

17.00-17.30 COFFEE BREAK

17.30-18.30

17.30-18.30 | CLOSING SESSION

Towards QRMH7?

Chairs: Eugenie Georgaca

18.30

CONFERENCE CLOSURE

